



# FRIENDS & FAMILY 5K 2021



## 9.18.21 ELBA, NY

### 2021 Race Partnerships

\_\_\_\_\_ **\$1,000 Corporate Partner** - Logo on event banner, t-shirt, (15) event slots, prominent listing on event sponsor signs; social media promotion, opportunity to include thank you bag items.

\_\_\_\_\_ **\$ 750 GLOW Partner** - Logo on event t-shirt, sponsor signs and all promotional releases and social media posts, (10) event slots, opportunity to include thank you bag items.

\_\_\_\_\_ **\$500 Entertainment Partner** - Thank you sign at our celebration event; Your donation will help sponsor music and promotional giveaways to make our day extra special!

\_\_\_\_\_ **\$250 Community Cares** - Logo on event t-shirt; (4) event slots; Opportunity to include thank you bag items.

\_\_\_\_\_ **\$125 Blue Bonnet** - A Tribute to Mary Anne Graney's Texas roots! Sponsor name on t-shirt; (2) event slots.

\_\_\_\_\_ **\$125 Blue Spruce** - Remembering Terri Carr Krieger's love of the outdoors! Sponsor name on t-shirt; (2) event slots.

\_\_\_\_\_ **\$125 Blue Knight** - In memory of respected professor and valued community member Dr. Ramon Rocha. Sponsor name on t-shirt and (2) event slots.

\_\_\_\_\_ **Donation only** \_\_\_\_\_ **Amount**

### T-SHIRT LOGO AND LISTING DEADLINE FOR ALL PARTNERSHIPS is 8/24/21

### Sponsorship Signup

Contact Name: \_\_\_\_\_

Business Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ @ \_\_\_\_\_

Phone: \_\_\_\_\_

I am signing up for the above (✓d) partnership.

\_\_\_\_\_ Enclosed is a check  
\_\_\_\_\_ Please invoice me at the above address  
\_\_\_\_\_ Please charge my (VISA/MC)

# \_\_\_\_\_ Exp. \_\_\_\_/\_\_\_\_

Signature \_\_\_\_\_

### 2021 Registration Form

CHOOSE: \_\_\_\_\_ **\$20/5K** \_\_\_\_\_ **\$15/Fun Walk**

Business Name \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_ @ \_\_\_\_\_

SEX: \_\_\_\_\_ **Male** \_\_\_\_\_ **Female**

AGE ON RACE DAY: \_\_\_\_\_

**T-SHIRT SIZE PLEASE CIRCLE**

**Youth** → **S 6-8** **M 10-12** **L 14-16**

**OR**

**Adult** → **S** **M** **L** **XL** **2XL** **3XL**

**Age division for 5K: (circle one)** 12 and under  
13-18 19-29 30-39 40-49 50-59 60-69 70+

### PARTICIPANTS MUST SIGN WAIVER

#### Waiver Agreement & Publicity Authorization (HIPAA)

*In consideration of accepting this entry, I, the undersigned intending to be legally bound, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have or which may hereafter accrue to me against the Arc of Genesee Orleans and The Arc Livingston-Wyoming, Town of Elba and any and all other sponsors or volunteers, and their representatives, successors and assigns for any and all injuries suffered by me in said event or arising out of my traveling to and/or returning from said event. I have read the above statements. I fully understand them and my signature confirms their full acceptance. I attest and verify that I have knowledge of the risks involved in this event, and I am physically fit, sufficiently fit, and sufficiently trained to participate in this event. Also, in accordance with HIPAA Privacy laws regarding publicity, I, the undersigned give permission for my first and last name and/or image (photo or video) to be used in connection with event publicity, either in The Daily News, Genesee Valley Penny Saver, WBTA Radio, The Batavian, Horizons Newsletter, Arc of Genesee Orleans AND Livingston-Wyoming websites and all related social media, with the general public as the target audience.*

Signature \_\_\_\_\_ Date: \_\_\_\_\_

**(If participant is under 18, or any age and has an established Legal Guardian)**

Parent/Leg. Guardian \_\_\_\_\_ Date: \_\_\_\_\_

# FOUR COUNTIES – TWO MERGING CHAPTERS ONE AMAZING FRIENDS & FAMILY 5K

The Arc of Genesee Orleans and The Arc of Livingston-Wyoming are joining forces to bring you the 2021 Friends & Family 5K on **September 18** in Elba!

## What's in it for you?

Register/pay by September 9th to be guaranteed a 2021 Friends & Family 5K t-shirt! PRIZES for the 5K category are AWARDED FOR OVERALL MALE/FEMALE and 1st and 2nd place in all AGE CATEGORIES, INCLUDING COOKIE AWARDS from Case-Nic Cookies of Medina!

**Preregistration Price:**  
**\$20- 5K and \$15 - Fun Walk**

## Post Party includes:

MUSIC! FOOD! KIDS' ACTIVITIES! FUN!  
And.....the popular "TASTE OF THE COUNTRY"!  
Take a little bit of the country home with you!



REGARDING COVID: Please note we will be following all recommended guidelines in place at the time of the event.

**DETAILS: Check-in begins at 8:45 a.m. on 9/18.**

**The 5K and fun walk begin at 10:00 a.m!**

**NOTE: Race T-Shirts for all participants who register by September 9, and until quantities last for walk-ins.**

LOCATION: **Arc Day Habilitation Center**

**4603 Barrville Road , Elba, NY 14058**

**DIRECTIONS:** Take Route 98 to the village of Elba. Turn on Chapel Street, which becomes Barrville Road at the "Y". The Day Habilitation Center is just ahead on your left.

**Arc GLOW**

# Those We Will ALWAYS Remember!

This event began as a memorial to *Mary Anne Graney*, a parent, educator, advocate and friend to our agency. Her dedication to people with developmental disabilities and their families enriched countless lives. The Graney Family is pleased that funds raised because of this event help support education through the *Mary Anne Graney Memorial Scholarship* program that benefits students from Genesee and Orleans Counties.



In 2017, the Friends & Family 5K combined forces with the former 5K held in memory of Arc staff member *Terri Carr Krieger*. Terri was a longtime employee of the Arc, who lost her battle with cancer in 1997. The Blue Spruce sponsor level is in Terri's honor.



For many years, the Livingston-Wyoming 5k was held in memory of Dr. *Ramon M. Rocha*, who passionately believed in the possibilities of life, and has been an endless source of inspiration for people of all ages and abilities. A beloved family man, and enthusiastic volunteer, our Blue Knight sponsorship connects Dr. Rocha to SUNY Geneseo where he was a respected Professor.



Sponsorship/registration checks may be made payable to Friends & Family 5K/Arc. For tracking purposes, all registration and sponsorship information will be sent to one address:

**Friends & Family 5K/Arc  
64 Walnut Street  
Batavia, NY 14020**

**Questions?**

**Call Sandy Konfederath  
(585) 343-1123 ext. 1715**

**[skonfederath@arcgo.org](mailto:skonfederath@arcgo.org)**

## 2021 AND BEYOND: PLANS FOR OUR FUTURE

The Arc of Genesee Orleans and The Arc of Livingston-Wyoming are joining forces. This fall, our chapters, will become one, known as Arc GLOW. The unification will create a one-chapter, four-county service area covering roughly 2,400 square miles. Geographically we will be the largest Arc chapter in New York State. We look forward to your support of our agency and all future events to help achieve our mission of serving individuals with intellectual and developmental disabilities and their families.